

Strathaird Primary School News

27/11/2024
Edition 18



Strathaird



Primary School

School Values

Respect

Honesty

Responsibility

Compassion

Contact Us:

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Narre Warren South, 3805

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9705 3800

Strathaird.ps@education.vic.gov.au
www.strathairdps.vic.edu.au

Principal Page



*It's time to get excited, our Christmas Concert is fast approaching!
Monday 16 December*

4.15 - 5.15 p.m. - Food Vendors are open. Food includes pizza, BBQ, free halal sausages for kids, baked potatoes, twist potatoes. Coffee, slushies and ice creams will also be available.

5.15 p.m.- Students need to be seated in their class area.

5.30 p.m. - The Concert commences.

There will be a picnic area and chair seating area behind the classes.

A floor area will be available for photos in front of the stage. Please be seated in this area so you don't block the view of others. Please take your photos and move out of this area and back to your own seating.



Buddy Books

Our Year 6 students have been working very hard this term being authors, illustrators and publishers to produce beautiful picture story books for their Prep buddies. At the beginning of the process the Year 6 students interviewed their Prep buddies about things such as family, what they like to do, favourite food and favourite characters and stories. They then used these ideas to follow the writing process through from planning and draft to publishing. Our Prep students have really loved receiving their books and I'm sure they will keep them and treasure them. Congratulations and very well done to our Year 6 students, you all have done an amazing job.

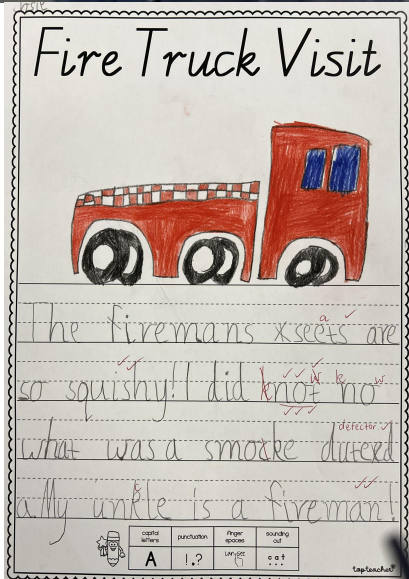
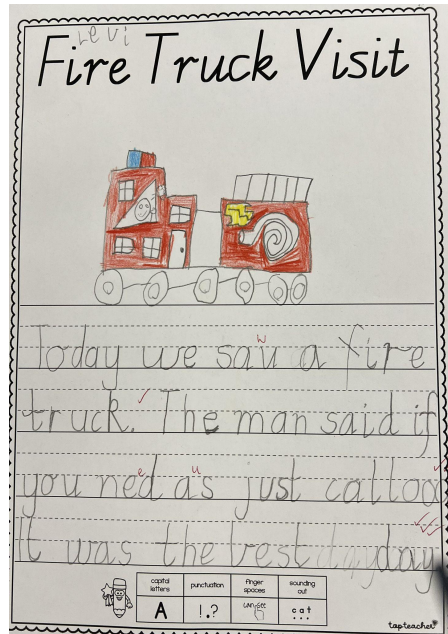


Strathaird Primary School permits parents/carers, students and invited guests to photograph, film or record school performances, sporting events and other school-approved activities.

*We request that parents/carers, students and invited guests who photograph, film or record school activities **only do so for their own personal use and do not publish the images in any form, including on social media, without the prior consent of persons whose children also appear in the images.***

Neither the school nor the department own or control any images of students taken by parents/carers, students or their invited guests at school activities.

Principal Page

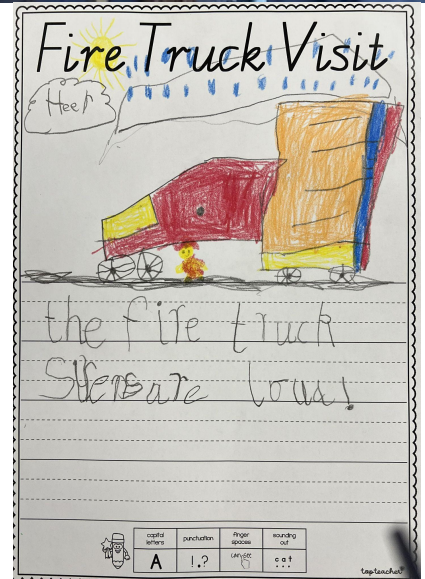


Fire Truck Visit

Our Preps were very excited to recently receive a visit from the Narre Warren Fire Brigade CFA. The Fire Officers spoke to the Preps about general fire safety, how to make an emergency call and what to do if there is a fire. Students were able to climb into the truck and look at the equipment.

The Preps were delighted to hear the siren as the Fire Truck drove out of the school.

We thank the CFA for kindly giving up their time to make our day!



NOTIFIABLE INFECTIOUS DISEASE

Parents are advised, **we have a confirmed case of pertussis (whooping cough) in the senior area of our school** . There is no cause for alarm.

Please keep an eye on your children for symptoms which could include:

- Severe cough, which may develop into bouts of uncontrollable coughing.
- Whoop or gasping sound produced after breathing-in or between coughing bouts (this can sound like hiccups in young babies). This may not be present in every case.
- Coughing until vomiting, gagging, or going red in the face.
- Some babies may stop breathing for short periods or have difficulty breathing.
- The cough can last for more than three weeks, sometimes months, and can be worse at night.

If you require further information, please see links below:

Information about the condition pertussis ('whooping cough') at the Better Health Channel website

www.betterhealth.vic.gov.au/health/conditionsandtreatments/whooping-cough or see the Victorian Department of Health fact sheet at www.health.vic.gov.au/publications/pertussis-the-facts

Principal Page

Key Events this term include:

- ★ *Salvation Army Food and Toy drive begins – Monday 2 December.*
- ★ *Year 4 Mapping Incursion Tuesday 3 December.*
- ★ *Year 6 Graduation Ceremony@Bunjil Place – Wednesday 4 December.*
- ★ *Year 5 Puffing Billy Excursion – Thursday 5 December.*
- ★ *Careers Dress Up Day - Dream Job – Friday 6 December.*
- ★ *Prep and Year 7 2025 Statewide Orientation Day – Tuesday 10 December.*
- ★ *Year 6 Gumbuya World Excursion – Thursday 12 December.*
- ★ *Year 6 Swimming – Week 10.*
- ★ *Whole School Final Assembly – Monday 16 December.*
- ★ *Christmas Concert – Monday night 16 December.*
- ★ *Prep – Year 5 Class Parties – Wednesday 18 December.*
- ★ *Year 6 Graduation lunch – Wednesday 18 December.*
- ★ *Meet your 2025 Class – Thursday 19 December.*
- ★ *Last day of school for students – Thursday 19 December. 3.15 p.m. dismissal.*



School Values Awards



Congratulations to the following Students

Week 6

Prep A	Hamed
Prep B	Samim
Prep C	Paige
Prep E	Jayon
1C	Enosh
2A	Adna
2B	Sarina
2D	Lina
2E	Willow
3B	Ellie
3C	Sienna
3D	Jax
3E	Aaliyah
4A	Yahya
4B	Samira
4C	Subi
4D	Tiven
5A	Ashwanth
5B	Zainab
5D	Phenix
6A	Iqra
6B	Emily
6C	Layla
6D	Miles

Week 7 -

Prep A	Elias
Prep B	Poung Wah
Prep C	Harlan
Prep D	Saleh
2A	Kaytan
3A	Jaiwanth
3B	Yovaan
3C	Jasskirat
3D	Ashton
3E	Haniya
4A	Asra
4B	Will
4C	Charlene
4D	Wasi
5A	Kannon
5B	Kayden
5D	Alexia
6A	Isla
6B	Sara
6C	Kimhab
6D	Travis

Respect

Compassion

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Honesty

Student of the Week



Week 6

Prep A	Muhammed	For having a go at new and challenging activities!
Prep B	Sophia	For excellent Narrative writing :)
Prep C	Noyan	For having a go at using sounds in your writing. Well done!
Prep D	Imran	For trying his best in phonics! Well done :)
Prep E	Aizah	For her positive attitude towards her learning.
Prep F	Hoyaar	For trying hard to write down the sounds he hears in words.
1B	Amir	For showing his understanding in Division!
1C	Sabella	For always following instructions and trying her best in class. Well done Sabella!
2A	Chloe	for trying your best in writing!
2B	Galaxy	For following instructions quickly and quietly
2D	Pae	for his fabulous illustrations on his storyboard!
2E	Minh-Anh	For her excellent contributions to class discussions!
3A	Mazhar	For remembering to put a finger space between words, when writing a sentence.
3B	Asiya	For her beautiful book presentation and weekly completion of homework tasks.
3C	Kiyan	For always helping those around him!
3D	Mahan	For working hard and always trying his best. Well done!
3E	Hammad	For taking pride in the presentation of his bookwork and handwriting.
4A	Peyton	For working really hard to understand difficult concepts in Numeracy this week.
4B	Aiman	For using her time effectively in class and always being open to feedback!
4C	Tarquin	For adding more detail to his writing. Well done!
4D	Catherine	For seeking feedback and setting focused 'next steps' to improve her learning.
5A	Mannet	For your well planned thought out exposition. Keep up the super effort!
5B	Mia	For working so hard and always trying her best. You are a super star Mia!
5C	Rayhana	For working really well on her School Captain and House Captain letters for leadership roles for next year!
5D	Avah-Leigh	For being a fantastic helper in the classroom. Thank you for being a valuable member of 5D
6A	Yalda	For consistently giving it your best efforts in your memoir writing.
6B	Alex	For his consistent effort with completing weekly homework tasks.
6C	Yashika	For an excellent effort with your memoir writing.
6D	Dean	For some great, well thought out answers during Reading sessions.
6E	Isabella	For all of your hard work and effort in everything

CONGRATULATIONS!

Student of the Week



Week 7

Prep A	Komail	For listening to and following instructions well!
Prep B	Olivia	For her positive attitude towards her learning!
Prep C	Jason	For always doing your best work!
Prep D	Sinoli	For adding lots of detail to her writing! Well done :)
Prep F	Carter	For challenging himself in Maths and sharing his skills with others.
2A	Ali	For your fantastic effort in StopMotion!
3A	Fawad	For improving your understanding of multiplication and division.
3B	Afsah	For writing an intriguing opening statement for her explanation. Brilliant work!
3C	Yasmin	For adding fantastic description in her stories!
3D	Ayaan	For his thoughtful contributions to class discussions
3E	Advith	For your enthusiasm during our Inquiry unit about forces!
4A	Candice	For working hard to improve her narrative writing skills.
4B	Samira	For using every moment within the school day as a learning opportunity!
4C	Alya	For trying her best in all subject areas. Well done!
4D	Mohammad	For his excellent start at Strathaird Primary School.
5A	Lola	For doing such an amazing job with your fractions and decimals. Keep up the super job!
5B	Samir	For being all round amazing! Well done on always doing your best with everything.
5C	Mitchell	For having a really good go with his writing this week. Well done!
5D	James	For actively contributing your thoughts and ideas in the whole classroom discussions. Well done!
6A	Oman	For your improved focus and interest by giving it your best in all areas of learning.
6B	Lachlan	For his excellent work in designing & creating simple circuits
6C	Karim	For having a positive attitude and completing work that is a great standard.
6D	Shimar	For working hard on her memoir.
6E	Jasmine	For your amazing work in Reading! well done!



Specialists

Auslan	5A	For working hard on making connections in your Auslan learning to extend your signing abilities.
Auslan	4C	For doing a great job in learning and practicing Auslan handshapes.
Sustainability	3E	for terrific experiments using circuits and static electricity.

Term 4 2024 - Dates

NOVEMBER

DECEMBER

25th	26th	27th	28th	29th
	School Council Meeting 6.30pm		\$ Due Gr 4 Mapping Incursion Bookclub Due	JNR Assembly SNR Electives \$ Due Gr 5 Puffing Billy Excursion Last day to borrow in Library
2nd	3rd	4th	5th	6th
Salvation Army Food and Toy drive begins	Gr 4 Mapping Incursion	Gr 6 Graduation @ Bunjil Orders due Gr 6 Graduation Lunch	Gr 5 Puffing Billy Excursion	SNR Assembly JNR Electives Careers Day Library Last day for 2024
9th	10th	11th	12th	13th
Gr 6 Swimming Lessons	2025 Preps and Yr 7 Orientation Day 2nd Hand Uniform Stall	Gr 6 Swimming Lessons	Gr 6 Gumbuya World	JNR Assembly SNR Electives Last Day for Canteen Gr 6 Swimming Lessons
16th	17th	18th	19th	20th
No Canteen Whole School Assembly Christmas Concert @5.15pm for a 5.30pm start		Gr 6 Graduation Lunch	No Canteen Last Day for Students -3.15pm dismissal	Curriculum Day - No School

Don't forget your Hat

From Friday the 1st of September don't forget to wear your hat every day.

We are a sunsmart School.



DO YOU HAVE UNIFORMS TO DONATE?

We will be holding our 2nd Hand uniform stall on the 10th December outside the office. If you have any donations could you please drop at the office or give to Sharon in the Library/Resource area. Tops must have the school logo please
Thank you in advance.

The stall will start at 8.30 and finish around 9.30-10am

Grade 1

MOONLIT SANCTUARY

The Grade 1 students enjoyed an exciting visit to Moonlit Sanctuary, learning about Australian animals and their unique habitats. The day was packed with incredible experiences, from seeing emus, dingoes, koalas, and Tasmanian devils to watching crocodiles and feeding friendly kangaroos and wallabies.

The students especially loved the hands-on activities, including patting snakes and lizards and even smelling koala poo.

The excursion provided a fun and interactive way to explore Australian wildlife and its conservation. Thank you to Moonlit Sanctuary and our parent helpers for making the day a success.



Moonlit Sanctuary! 8/11/24
 On Thursday the 7th of November
 all the grade 1s went to Moonlit
 Sanctuary to learn about Australian
 animals we went in a bus. First
 we ate our snack / ate chips.
 Secondly I saw dingos they were cute.
 Then we saw wallabies they were
 brown and cute. After that we saw
 kangaroos I saw a joey it was
 tan. Then we saw tasmania devils
 they ate bird feathers and bones.
 After I saw Kowals they were
 sleeping. Then I saw a creek / drile
 dr.



Moonlit Sanctuary 8/11/24
 On Thursday the 7th of
 November all the grade 1s
 went to moonlit sanctuary to
 learn all about Australian animals
 we went in a bus. First we came
 in the class room and I put
 my bag in my lock^{er}. Next
 we ate our snack and had a drink
 but the bus was late so
 we ate our snack then the
 bus came and took us I sat
 next to laiba we were playing
 I spoke with my little I then
 we were at Moonlit Sanctuary
 we learned about these animals

Typing Club

T Y P I N G

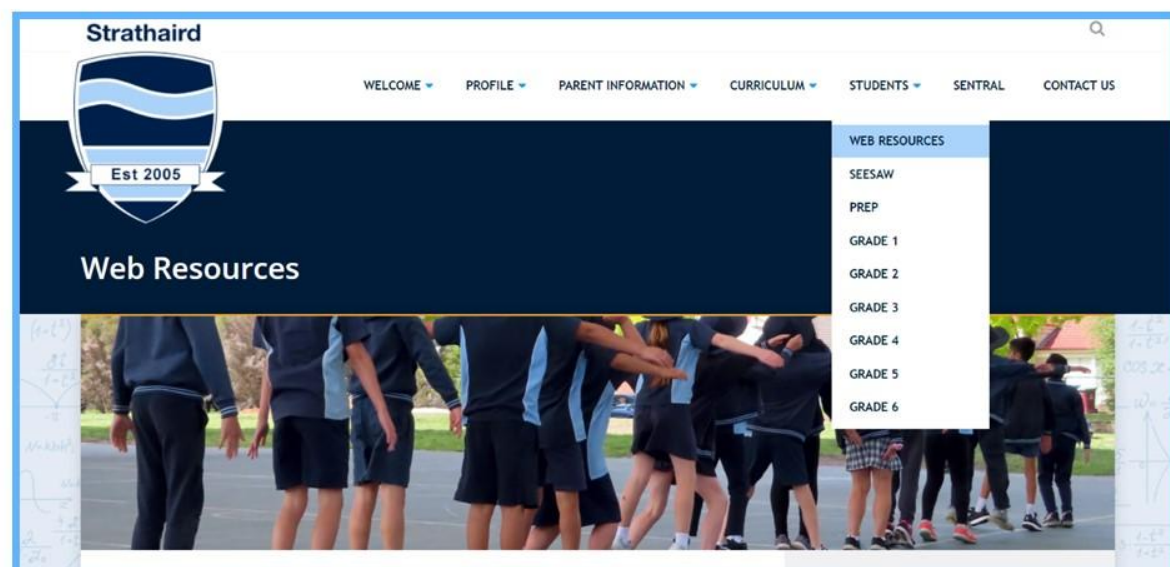
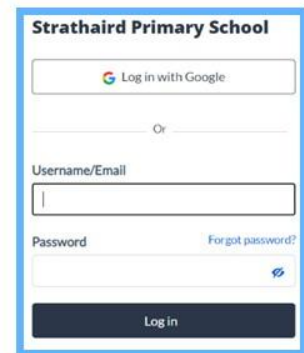
C L U B

This week students in grades 2 have been learning how to type. We have been using a program called Typing Club that can be used at home or at school. This program works best with a computer or laptop, however if you have an external keyboard for your tablet, that will also work. Each student will be sent home with a username that is needed for them to log in to the program. There is NO password for this program.

Typing Club contains over 600 lessons, guiding students from individual keys through to numbers and punctuation. The carefully designed lessons include instructional videos, educational games and other interactive experiences. This program has been paid for by the school and is free for you to use at home.

You can find Typing Club 3 different ways:

1. Type this web address into your Web browser
<https://strathaird-primary.typingclub.com>
2. Google Strathaird Primary Typing Club and click on the link
3. Go to Strathaird Primary School's webpage, click on Web Resources, and click on the blue Typing Club text:



Mrs Biram

Student Attendance

Why Showing Up Every Day Matters

Attending school every day is one of the most important factors in a student's success. While it may seem simple, consistent attendance creates the foundation for strong academic growth, social development, and lifelong habits.

1. Learning Builds on Itself

School lessons are designed to build on one another. Missing even a day can cause gaps in understanding that make it harder to catch up. By attending school regularly, students stay on track and can fully grasp new concepts.

2. Classroom Engagement

Being in school every day means participating in discussions, activities, and getting real-time feedback from teachers. These interactions are essential for deeper learning and are difficult to replicate if students are absent.

3. Building Strong Habits

Regular school attendance teaches important life skills, such as responsibility and time management. These habits help students succeed not only in school but in their future careers and personal lives.

4. Better Academic Performance

The more consistently a student attends school, the better they tend to perform academically. Regular attendance improves test scores, completion of assignments, and overall academic achievement.

Conclusion

Simply showing up every day sets students up for success. It provides them with the chance to engage, learn, and grow, both academically and personally. Make each day count—because every day in school is an opportunity to get one step closer to your goals.

Attendance Matters

Everyday Counts at Strathaird Primary School

If your child is absent:	That equates to:	Which is:	Which means over their 13 years of education, this is:
1 day every 2 weeks	20 days per year	4 weeks per year	Almost 1.5 years of learning.
1 day per week	40 days per year	8 weeks per year	Over 2.5 years of learning.
2 days per week	80 days per year	16 weeks per year	Over 5 years of learning.
3 days per week	120 days per year	24 weeks per year	Nearly 8 years of learning.



Strathaird Primary School
Junior School Council

Present



Dream Job

DAY

Come to school dressed
for your dream job.

FRIDAY 6TH DECEMBER



Wellbeing Page

Brain Chemistry Hacks for Better Learning

Written by Dr Justin Coulson

It's no secret that [motivation for schoolwork](#) can dwindle as kids get older. Research consistently shows a decline in intrinsic motivation for learning as children progress through school. This happens for a variety of reasons – increased academic pressure, social distractions, hormonal shifts, and a growing sense of autonomy, to name a few.

But the good news is that parents can play a key role in helping their children “hack” their brain chemistry to reignite that spark and foster a love of learning.

The Happiness Quartet: Neurochemicals and Motivation

Our brains are intricate chemical factories, producing a cocktail of neurotransmitters that influence everything from our mood to our motivation. Understanding these chemicals and how they work can empower us to create environments that nurture a child's natural curiosity and love of learning. Let's explore four key players:

Dopamine: The Anticipation Engine

Dopamine is often called the “reward” chemical, but it's not just about the reward itself; it's about the anticipation. Think of the thrill of looking forward to a special event, the excitement of chasing a goal, or the satisfaction of completing a challenging task.

Practical Tip: Help your child break down larger tasks into smaller, more manageable steps. Each completed step triggers a dopamine hit, fuelling motivation and a sense of accomplishment.

Serotonin: The Calm Conductor

Serotonin is the serenity superhero, promoting feelings of calm, contentment, and well-being. It's the antidote to stress and anxiety, which can sabotage learning and motivation.

Practical Tip: Encourage outdoor activities, even a short walk in the park. Sunlight, fresh air, and physical activity are all serotonin boosters. And remember the importance of serotonin for emotional regulation. Help your child develop strategies for managing stress and anxiety, such as deep breathing exercises or mindfulness practices.

Endorphins: The Body's Natural Mood Booster

Endorphins are like nature's own “feel-good” chemicals, released in response to physical activity, laughter, and even a warm hug. They act as natural painkillers, reducing stress and boosting mood.

Practical Tip: Encourage your child to engage in regular physical activity. Whether it's playing tag in the park, dancing to their favourite music, or joining a sports team, movement is a powerful endorphin activator. (Pro-tip: the riskier the activity, the more endorphins and the more resilience. Anything where they can go fast, fall, or take some risk will be a winner.) And note that laughter is a great endorphin booster. Share jokes, watch funny movies, or engage in playful activities that spark laughter and joy. A good dose of giggles can do wonders for both mood and motivation.

Wellbeing Page

Brain Chemistry Hacks for Better Learning Cont...

Oxytocin: The Connection Catalyst

Oxytocin, often referred to as the “love hormone,” plays a crucial role in social bonding, trust, and emotional connection. It’s released during positive interactions with loved ones, creating a sense of belonging and security.

Practical Tip: Strengthen Family Bonds. Prioritise quality time with your child, engaging in activities that foster connection and communication. Shared meals, game nights, and bedtime stories are all opportunities to nurture those oxytocin-rich moments.

But remember that you can foster positive relationships in other contexts and that will help with learning, particularly when you encourage healthy friendships and social interactions with kids at school. Researchers have found the kids who feel a strong sense of “[school belonging](#)” do [better at school](#), and for [many years afterwards](#).

Emotions are Information

Positive emotions enhance learning, and we love it when the kids feel these emotions because those neurotransmitters are buzzing around their brains. However, it’s crucial to acknowledge and validate all emotions, even the challenging ones.

When your child is struggling, remember that their emotions are information, not a crisis. It’s easy to get caught up in their emotional storms, but try to remain calm and centred. Help your child understand that all feelings are normal – even the messy ones like frustration, disappointment, and anger. Support them in developing healthy ways to navigate these emotions. Remind them that emotions are like waves on the shore. They come and they go. Ride the wave and then watch it disappear back into the ocean. (In doing so, you’ll create oxytocin and serotonin!)

The Take Home Message

By understanding the power of brain chemistry, parents can create an environment that nurtures their child’s innate love of learning. It’s not about manipulating their brains, but about providing the support, encouragement, and opportunities they need to thrive. Remember, a happy brain is a learning brain!



AUTHOR
Dr Justin Coulson

Dr Justin Coulson is a dad to 6 daughters and grandfather to 1 granddaughter. He is the parenting expert and co-host of Channel 9’s Parental Guidance, and he and his wife host Australia’s #1 podcast for parents and family: The Happy Families podcast. He has written 9 books about families and parenting. For further details visit www.happyfamilies.com.au.

Christmas Concert

STRATHAIRD PRIMARY SCHOOL

2024 ANNUAL

CHRISTMAS CONCERT

Monday 16th December

4:15pm - 5:15pm - Food Vendors open & socialise

5:15pm - Be seated in your class area

5:30pm - Start

There will be a picnic area & chair seated area behind the classes.

A floor seated viewing section for photos while your child is performing will be in front of the stage



SUSTAINABILITY NEWS



Marine Ambassadors Poster Competition for Grade 3-6 Students.

The Marine Ambassadors have visited each classroom and share the poster competition. To participate students need to submit a poster that includes:

1. Design a poster (A4 white paper) that shares one of the following messages:

- Take your rubbish home at school or the park
- Have a rubbish free lunch at school or the park
- Don't take rubbish outside at school

2. Include:

- a few facts about one Victorian animal, marine animal, freshwater animal or one that lives in the City of Casey and how rubbish could affect that animal.
- You could include a picture or drawing of your animal

Your poster can be hand drawn or done on the computer (if on the computer save on a USB drive and hand in in a ziplock bag with your name and grade on it). You can work alone or with a partner or sibling of the same or different year level but the work mostly needs to be done at home or recess/ lunchtime/ free time negotiated with your teacher.

Winning projects will have their poster printed on the buckets for cleaning up the yard, in local parks by the City of Casey and they will will a small prize.

Posters are due to Ms VanStyn, Mrs Burs, the Office or your classroom teacher by 5th December.

Below is an example of some of the Marine Ambassadors' Posters



**Due
Friday
7th
December**

Blister pack recycling

Medicine blister packs can now be recycled at all Chemist Warehouse stores across Australia.

Recycling trial in Victoria
Last year 4.4 million blister packs weighing 6620kg were collected across 100 participating stores and recycled.



At the recycling facility the aluminium and plastic materials are separated. The aluminium is used as a de-oxidant for steelmaking and the plastic is made into PVC decking and fencing.

Also available at BLOOM's pharmacy at Casey Central.

2nd Hand Uniform Stall

**STRATHAIRD
PRIMARY SCHOOL**

Helping Hands



2ND HAND UNIFORM SALE

**TUESDAY 10TH
DECEMBER**

8.45AM - 9.30AM

OUTSIDE ADMIN

Payment is by.

Eftpos Only.

CHRISTMAS

Toy and food drive

Donate new toys
&
Non-Perishable food



Please bring donations to
the office by the 18th of
December!

Child Safety

Child safety and wellbeing at Strathaird Primary School information for families and the school community

The Victorian Government has announced new Child Safe Standards to further strengthen child safety across organisations, including schools. The new standards recognise the critical importance of families and the broader school community in maintaining and promoting child safety and wellbeing.

Strathaird Primary school has reviewed and updated our child safety policies and procedures to ensure they meet the requirements of the new standards. These are available to view on the school website on: www.strathairdps.vic.edu.au

We are committed to continuous improvement in our approach to child safety and wellbeing and welcome feedback from families and members of our school community on ways we can further strengthen our child safety policies, procedures and practices.

If you have any suggestions, comments or questions, please contact

Julie Kennedy
Strathaird Primary School Principal



Girls aged 12-14

- All Girls Cricket Academy
- Elite Coaching
- Premier Coach Keith Jansz
- Age-group specific



Apply Now

academy@australiancricketsociety.com.au
or
australiancricketsociety.com.au/academy/

Library



Accessit **SUMMER**
READING
CHALLENGE

It has been wonderful to see so many students visit the Library before and after school this year.

The last day for students to borrow books from the Library this year is the 29th November. (This Friday)

Library will close for stocktake at 3.45pm on the 6th of December

Thank you
Sue and Sharon

Please do not forget to return your Library Books. This will help with our stocktake. All library books should be returned by 13th December at the latest. Letters will be sent out to all students who have a book out.



Sentral for Parents App

The **Sentral for Parents** app allows families to:

- view academic reports
- explain past and upcoming student absences
- view calendar events
- book parent/teacher interviews
- receive sick bay notifications
- view school newsletters

as well as receive real-time notifications and messages from the school



Instructions for accessing the Sentral for Parent App

1. **Download** the 'Sentral for Parents' app. Depending on your device, visit either the Apple App Store, or the Google Play Store.
2. **Search** for Strathaird Primary School. Tap Next.
3. **Sign in** using your Sentral username (your registered email address) and password (that you created when Registering). Tap Log In.
4. You are now ready to start using the app.

If you have never registered on Sentral:

1. Click register here to register a new account. It will ask you to create a user name and password. Enter your email address as your username and create your own password. You will receive a verification email which **MUST** be verified in order to continue.
2. Once verified, log back into the app and use the access key provided by the school to link to your child's details. *The access key will be created for you once your child is attending.*

For a quick overview on how to access the Parent Portal, please watch this short video.

<https://vimeo.com/sentraleducation/review/431752138/968dcb15a8>

If you have questions about using the app, or need some extra help then please browse the list of FAQs at

<https://info.sentral.com.au/new-app-getting-started> or contact us for assistance.



Important Parent Resources

PROTECT

Everyone has the right to be safe and be protected from abuse. No one should behave in a way that makes you feel unsafe or afraid, including anyone in your family, anyone at school or anywhere else in the community. Tell a teacher or any adult at your school if you feel unsafe.



It's everyone's responsibility. Adults at school must listen and respond to concerns about child abuse. If you suspect abuse of any child or young person, you have a responsibility to report it, even if you are not sure.

Further information & resources
www.education.vic.gov.au/protect



Attendance

Please ensure your children are at school on time. Students should be at their class by 8.50am ready to begin class by 9am.

If your child is absent, please notify the school through the Parent Portal on Sentral or call the admin on 9705 3800.

Every Minute Counts

Minutes late each school day	Days lost
5 minutes	• 3 days lost
10 minutes	• 6.5 days lost
15 minutes	• 10 days lost
20 minutes	• 13 days lost
30 minutes	• 19 days lost



In a school Year

Top 5 online safety tips for kids

- 1 Set up your device to protect your information.
- 2 Explore safely & tell an adult if you see anything online that makes you feel yuck.
- 3 Limit who can contact you when you're playing games.
- 4 Stop all contact with anyone online who asks you to do anything you don't want to do. Report and block them.
- 5 Ask for help if anything online is bothering you.



How to report cyberbullying material

1

Report the cyberbullying material to the social media service



2

Collect evidence copy URLs or take screenshots of the material



If the content is not removed within 48 hours apply steps 3 and 4

3

Report it
esafety.gov.au/report



4

Block the person and talk to someone you trust



If you are in immediate danger, call 000 (triple zero)
 If you need to talk to someone, visit kidshelpline.com.au or call them on 1800 55 1800, 24 hours a day 7 days a week

Make good choices



Why do you like it?



Use devices near a grown-up



Time's up



Make good choices

Help children to think about the content they watch and how to manage their time on screens.

Message 1: Why do you like it?

Choosing to say kind things when connecting online is a life-long skill that can help prevent cyberbullying later on. The screen image can be a stimulus to discuss the types of things you should do when video calling, like saying hello with a smile.

Message 2: Use devices near a grown-up

Children need to be aware that digital technologies should be used with a grown-up nearby and in a shared space. Children should get used to the idea, from an early age, that devices should not be used in bedrooms.

Message 3: Time's up.

It is important to discuss with children how they will know when it's time to turn devices off and how they will transition to another activity.

Key questions when discussing this poster could include:

- What do you like to play on devices? What makes you like it?
- Where are these people using devices? Where are you allowed to use them?
- Have you ever been told you have been playing on a device for too long? How do you feel when that happens? What do you usually do?

Be safe



Play with the games and apps that are yours



Only talk with people you know



Some things should be kept private



Be safe

Help children understand personal information and how it can be protected.

Message 1: Play with the games and apps that are yours.

Devices should be set up so children know which content is for them and that other games, programs or apps may not be suitable for them. The screen image shows the folder where the little girl can find the games and apps just for her use.

Message 2: Only talk with people you know.

This picture reminds children that they should only video call when a grown-up is helping them, and only speak to people they know.

Message 3 - Some things should be kept private.

In this picture the boys are creating an avatar with their Grandad. Avatars can be a practical way of showing children how they can keep their real name and identity private by creating a character to represent themselves in games.

Key questions when discussing this poster could include:

- Do you play on your Mum or Dad's phone, tablet or computer? Do you have a special place for your games and apps? How do you know what is yours?
- Do you talk on the computer to your friends and family? Who helps you?
- Why do you think the boy in the last picture looks confused? If you were going to create an avatar for yourself what would it look like? Why?

Be kind



Say kind things



Take turns



Ask before you take a photo



Be kind

Teach children to be kind and respectful in digital contexts.

Message 1: Say kind things

Choosing to say kind things when connecting online is a life-long skill that can help prevent cyberbullying later on. The screen image can be a stimulus to discuss the types of things you should do when video calling, like saying hello with a smile.

Message 2: Take turns

Taking turns is a good way of managing time on screens and building self-regulation skills. The child in the background of this picture is sad because they have been left out of the game.

Message 3: Ask before you take a photo.

The little boy is taking a photo of himself with his family. The screen image depicts another time when he is asking his family if they would like to be in the photo.

Key questions when discussing this poster could include:

- Have you ever called your family or friends on a computer or tablet like the people in the first photo? What do you think they are saying? How do you know?
- Why do you think the boy in the middle photo looks sad? What could they do to stop him feeling sad?
- Do you always ask someone if it is OK to take their photo before you take it? Why?

Ask for help



Tell a grown-up



Check before you tap



You won't get in trouble



Ask for help

Teach children to ask a trusted grown-up for help with any issue using digital technologies.

Message 1: Tell a grown-up.

It is really important for children to know that if something makes them feel worried, scared or sad when they are using a device they should tell a grown-up.

Message 2: Check before you tap.

Before children use a device, they should ask a grown-up. The picture shows the little boy asking if he can play a new video he has not seen before.

Message 3: You won't get in trouble.

When children are playing with digital technology often things happen that they didn't expect. It can be the same for grown-ups too! Children need to know that if something unexpected happens, they should tell a grown-up. They should be assured that the grown-up will know it was important for the child to share the problem even if it happened because they made a mistake.

Key questions when discussing this poster could include:

- Have you ever seen something that made you feel worried, scared or sad when you were playing on a tablet? Who would you tell? What do you think they would say?
- Who do you ask before you play, watch or tap on something new on a device?

Our Vision Statement and Mission

VISION STATEMENT AND MISSION

To empower students to strive for personal achievement, embrace challenges and develop the skills and values that enable them to become lifelong learners and engaged responsible citizens in an ever changing global society.



Honesty

We are truthful in what we say and do, people can rely on us and trust us .



Strathaird



Primary School

**School
Values
PROGRAM**

Respect

We value people's worth and qualities and treat them in a polite and friendly manner.



Responsibility

We make good choices and are accountable for our actions .



Compassion

We care about others, we treat them with kindness and we help people when they are in need .

