

Strathaird Primary School News

19/02/2025
Edition 2



Strathaird



Primary School

School Values

Respect

Honesty

Responsibility

Compassion

Contact Us:

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Narre Warren South, 3805

PO Box 4124
Narre Warren South, 3805

9705 3800

Strathaird.ps@education.vic.gov.au

www.strathairdps.vic.edu.au

Principal Page

CURRICULUM DAY

There will be a **pupil free day on Friday 28 March**, therefore students will not come to school on that day. We normally try to attach our Term 1 Curriculum Day to the Labour Day weekend but we were unable to book our guest speaker for that day.

LEARNING ASSETS

At the Curriculum Day teachers will be expanding their understanding of how to embed 'Learning Assets' into classrooms across the school. Learning Assets are important qualities and skills that good learners need in order to develop and enhance their learning. These are qualities and skills that can be applied across a range of contexts and increase in complexity as students move up through the year levels.

The Learning Assets focus on **students as researchers, thinkers, collaborators, self-managers, contributors and communicators** across all areas of learning. Learning Assets, once developed, will serve students well throughout secondary schooling, university and into adult life.



NAPLAN 2025

NAPLAN will take place for Years 3 and 5 during the week Wednesday 12 March with testing on Writing, Reading, Conventions of Language and Numeracy. Our students are well prepared for NAPLAN so hopefully students will be feeling happy, calm and ready to do the best they can.

SCHOOL COUNCIL ELECTIONS 2025

Nominations are currently open for School Council. We have four parent member positions, if you are interested, please fill out a self-nomination form at the Office.

WHY IS PARENT MEMBERSHIP SO IMPORTANT? School councils play an important role in Victorian government schools. Parents on school councils provide important viewpoints and have valuable skills that can help inform and shape the direction of the school. Those parents who become active on a school council find their involvement satisfying and may also find that their children feel a greater sense of belonging.

Nominations close and are due to the School Office by 4:00 pm on Monday 24 February.

Principal Page

STRATHAIRD PRIMARY SCHOOL TERM 1 NAB AFL AUSKICK

Auskick season is kicking off soon. Students from our school are invited to participate.

Details:

25 Feb 2025 - 25 Mar 2025 Tuesday (3:15pm - 4:15pm)

5 Sessions Mixed

Strathaird Reserve

Ages: 5 - 16 Years Old

Age is calculated as at 31/12/2025

Pricing information

Registrations are now open for the Strathaird PS Term 1 Auskick Centre. This Auskick Centres total price is \$55 and is available for all year levels.

All government schools in Victoria have a School Council. They are legally constituted bodies that are given powers to set the key directions of a school within state-wide guidelines. In doing this, a School Council is able to directly influence the quality of education that the school provides for its students.

This year there are four *Parent Member vacancies (4 two year terms)* on School Council.

- * The election process will commence with a call for nominations from [Monday 17 February](#).
- * Nomination forms can be obtained from the School Office.
- * Nominations close and are due to the School Office by 4:00pm on [Monday 24 February](#).
- * The list of candidates will be posted outside the School Office on [Wednesday 26 February](#).
- * If there are more nominations than vacant positions, a ballot process will take place. Ballot Papers will be distributed to all families on [Monday 3 March](#).
- * All Ballot Papers must be received by the closing of the Ballot at 4:00pm [Tuesday 11 March](#).
- * Counting Ballot and Declaring Poll will take place on [Tuesday 11 March](#).
- * The first meeting of the newly appointed School Council will be held on [Tuesday 25 March](#).

ANNUAL PRIVACY REMINDER FOR OUR SCHOOL COMMUNITY

Our school collects and uses student and parent personal information for standard school functions or where permitted by law, as stated in the Schools' Privacy Policy and the Schools' Privacy Collection Notice.

Our Photographing, Filming and Recording Students Policy describes how we collect and use photographs, video and recordings of students. The policy also explains when parent consent is required and how it can be provided and withdrawn.

Please see school website for specific policies.

For more information about privacy, refer to: [Schools' privacy policy: information for parents](#). This information is also available in ten community languages.

Term 1 2025

FEBRUARY

| | | | | | |
|--|--|--|--|-------------|---|
| | 17th | 18th | 19th | 20th | 21st |
| | Gr 5 Camp Deposit letter due | | | | Junior Assembly Gr 6 Camp forms Due Gr 3-6 Cross Country |
| | 24th | 25th | 26th | 27th | 28th |
| | \$ Due District Swimming - Selected Students | | District Swimming - Koo Wee Rup - Selected Students Community Reading Session | | Senior Assembly Marine ambassadors Training Day |
| | 3rd March | 4th | 5th | 6th | 7th |
| | Brainstorm Incursion - Whole School | GRIP Leadership Day Free Pancake Day Gr 6 Camp Meeting 5pm | | | Junior Assembly |
| | 10th | 11th | 12th | 13th | 14th |
| | Labour Day Public Holiday - No School | | Grade 6 Camp | | Senior Assembly |
| | 17th | 18th | 19th | 20th | 21st |
| | | | | | Junior Assembly Earth Hour - gold coin donation Ride 2 School Day |
| | 24th | 25th | 26th | 27th | 28th |
| | | 2nd Hand Uniform Stall School Council 6.30pm | | | Curriculum Day - No School |

MARCH

Wellbeing Page

The Hidden Benefits of Your Child's Back-to-School Butterflies

Written by Dr Justin Coulson

Has your usually chatty child become quieter than normal? Does your typically confident kid need extra hugs?

The start of a school year brings a unique mixture of emotions for both parents and children. Whether your little one is taking their first steps into kindergarten, starting a whole new school (or high school), or just moving up to a new year level with friends, that flutter of anxiety in their stomach (and yours) is completely normal. These transitions are crucial moments for emotional growth.

Recent research in childhood development shows that periods of change—whether it's starting school, changing classes, or moving to a new suburb—are remarkable opportunities for your child to develop resilience and emotional intelligence. When they tell you they are worried, these concerns aren't necessarily something to "fix". Rather, it's a sign of their developing emotional awareness.

Consider what's happening when your child says they're worried about school. They might be:

- *Processing complex social dynamics:* A new friend group, new classmates, new teacher,
- *Anticipating academic challenges:* "I don't know how to do what they're going to ask me to do", or simply
- *Responding to a change in routine.*

Each of these concerns represents their brain working to prepare them for new experiences.

Some practical steps can help:

Slow things down.

Rather than running full steam ahead and filling up their calendar, start slow. Ease into things. Reduce after-school activities if your child needs it. Keep plans simple on the weekend. Leave margin so you can be available.

Time your conversations.

The best time to talk isn't necessarily as soon as you see them. While some kids are excited to tell you everything the minute they see you, most prefer to have some time to relax and decompress. You probably don't like being interrogated when you arrive home. Nor do they. Give them time to process. Some children need quiet time; others might want physical activity to release the day's tensions.

Ask deep questions.

When it's time to talk, rather than saying, "How was school today?" ask them to tell you who they spent time talking with and how it felt. Invite them to tell you something they did that was challenging. Have them consider how they showed determination. Who did they help or show kindness to? Deep questions create connection.

Listen to their specific concerns.

Are they worried about how big the school is (or how big some of the kids are)? Making friends? Understanding new rules? Each worry gives you insight into what support they might need.

Wellbeing Page

The Hidden Benefits of Your Child's Back-to-School Butterflies Cont...

Ask practical questions.

Do they like their lunch? Are they feeling like the morning routine is working for them? What's their favourite afternoon tea?

When they do share concerns, *listen more than you solve*. Rather than rushing to fix every worry, help them identify what they're feeling and why. Say things like, "That sounds tricky", and "Wow, how do we solve that one?" This builds their capability and confidence.

Without being overzealous, watch for physical signs of anxiety: stomach aches, sleep changes, or increased clinginess might appear. These aren't just "attention-seeking" behaviours—they're often genuine expressions of emotional processing.

Remember: Your role isn't to eliminate their anxiety but to help them understand and work with it. (Think of Riley in *Inside Out 2*. When anxiety takes over, it's a problem. But it does play an important role.) When we support children through transitions while validating their feelings, we're helping them build emotional skills they'll use throughout their lives.

Every child moves through transitions differently. Some might be excited about new books, fresh pencils, and their new teacher, while others need more time to warm up to change. Neither approach is wrong—they're just different ways of processing the same big step.

Your child is learning to navigate complex feelings about school. The key is remembering that this anxiety isn't a problem to solve, but rather a normal part of growing up. By staying present with them through these feelings, you're teaching them that they can handle big emotions and new experiences – even when they feel overwhelming at first. Supporting a child through these transitions can be emotionally taxing for parents too, but this investment in understanding and patience pays off in building your child's emotional toolkit and their resilience.



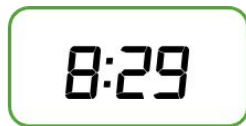
Dr Justin Coulson is a dad to 6 daughters and grandfather to 1 granddaughter. He is the parenting expert and co-host of Channel Nine's Parental Guidance, and he and his wife host Australia's #1 podcast for parents and family: The Happy Families Podcast. He has written 9 books about families and parenting. For further details visit happyfamilies.com.au.

Student Attendance

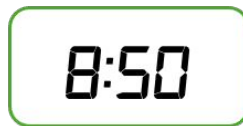
Be At School Every Day. All Day. All the way!

Attending school every day on time is essential because each missed day means missing valuable learning opportunities. Whether it's a lesson, a discussion, or an activity, when students are absent, they miss out on critical information and skills that help them progress academically. This absence can lead to gaps in understanding, which may make it harder for students to catch up and fully grasp new concepts in future lessons. The more days missed, the more difficult it becomes to stay on track with the curriculum, impacting overall academic performance.

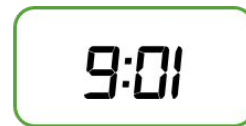
Being late to school can also disrupt both personal and collective learning. Arriving late not only affects the student who is tardy but can also disturb the flow of the lesson for classmates and teachers. It interrupts the teaching process, making it harder for everyone to concentrate and stay engaged. Additionally, lost school days accumulate over time, gradually impacting not only a student's education but also their social connections. Missing school regularly can lead to feeling left out or disconnected from friends, which can affect a student's sense of belonging and their ability to form lasting friendships. Consistent attendance fosters a positive learning environment and strengthens both academic and social growth.



Too Early



On Time



Too Late



Thank you for **arriving** at school on time!

| | |
|--|--|
| با تشکر از شما برای ورود به مدرسه در زمان! | شکرا لك على وصولك إلى المدرسة في الوقت المحدد! |
| समय पर स्कूल पहुंचने के लिए धन्यवाद! | 時間通りに学校に到着していただきありがとうございます! |
| 感謝您準時到達學校! | از اینکه به موقع به مدرسه رسیدید متشکریم! |

Arriving late to school **interrupts the learning and teaching** for everyone.

| | |
|---|---|
| دیر رسیدن به مدرسه، یادگیری و تدریس را برای همه قطع می کند. | یؤدي الوصول متأخرا إلى المدرسة إلى مقاطعة التعلم والتعليم للجميع. |
| स्कूल देर से पहुंचने से सभी के लिए सीखने और पढ़ाने में बाधा आती है। | 学校に遅れて到着すると、全員の学習と教育が中断されます。 |
| 返學遲到會打斷每個人嘅學習同教學。 | دیر رسیدن به مدرسه یادگیری و آموزش را برای همه مختل می کند. |

Be at School **Every Day**. All Day. All the way!

Grade 4

The students in year 4 have been enjoying the 'immersion' process of this term's Inquiry topic, 'How do Maps help us to understand the World?' Whilst working in groups, the students have explored, books, maps, globes, interactive websites and posters to create wonderings which will help form our investigations and Inquiry learning for Term 1.



Are there any maps that show what the world looked like before the land broke apart?
4D

Why were maps created and who made the first map?
4E

I wonder how people use Melways...
4C



STUDENT LEADERSHIP 2025

We would like to introduce our School Captains, School Vice-Captains, House Captains and House Vice Captains and congratulate them on their appointment as our student leaders for 2025. They will have a busy year in their leadership roles completing many tasks such as setting up for assembly presentations, hosting whole school assemblies, assisting at some school sports events, leading PMP activities as well as being supportive and positive role models for their fellow students.



School Captains

Matilda McKenzie Declan Silva



School Vice Captains

Sara Arulanandam Samir Haidari



Thorpe House Captains

Aliyana Bisignano
Wyatt Hickey

Thorpe Vice Captains

Selini Kalpage
Wright Grover



Freeman House Captains

Harper Neal-Wilson
Eddie Yip

Freeman Vice Captains

Ethmi Mallikarachchi
Mohammad Rezaie



Bradman House Captains

Alina Alizada
Kannon Corrigan

Thorpe Vice Captains

Zainab Odah
Ashwanth Sivakumar



Fraser House Captains

Isabel Cardenas
Ryan Piening

Fraser Vice Captains

Mannet Sandhu
Phenix Guinan



Student of the Week



Week 2

| | | |
|--------|----------|--|
| Prep A | Husna | For being a kind and helpful friend. |
| Prep B | Aria | For being a friendly and helpful member of Prep B! |
| Prep C | Keaton | For being a polite and helpful friend in Prep C. Well done! |
| Prep E | Theodore | For being a freindly and caring friend in Prep E! Well done. |
| Prep F | Ava | For being so kind and caring in her first week of prep! |
| 1A | Flynn | For working hard to learn the new routines in Grade 1. Well done! |
| 1B | Ellexia | For being a great helper in class and sharing her ideas. Keep it up! |
| 1C | Mason | For helping others and contributing to class discussions this week. |
| 1E | Saleh | For putting his best effort into all learning tasks. |
| 2A | Shayan | For always sharing ideas on the floor. |
| 2B | Laila | for being a supportive and kind classmate |
| 3A | Lily | For her positive 'have a go' attitude. Well done! |
| 3B | Sarina | For your excellent listening skills and contributions to class discussions! |
| 3C | Adeli | For doing her best in all lessons! |
| 3D | Zahra | For confidently sharing her thoughts and ideas in class discussions. |
| 3E | Emerald | For following all of our school and class rules at all times! |
| 4A | Iqra | For always trying her best! |
| 4B | Yevin | For being a respectful member of our class and working hard! |
| 4C | Riley | For showing fantastic initiative and being such an incredible team player in the classroom. Well Done! |
| 4D | Angus | For being a super helpful and courteous student to his teacher and peers. Thanks Angus! |
| 4E | Jax | For persevering in delivering a speech when nerves were experienced. |
| 5A | Lennon | For being confident and sharing your ideas and thoughts with the class during our discussions. Keep up the super effort! |
| 5C | Jay | For always being a great friend and supportive to others in the class. Well done Jay! |
| 5D | Samira | For your dedication to home reading. |
| 6A | Farhanaz | For showing a 'have a go' attitude towards all our classroom activities. |
| 6B | Mariam | For an excellent effort with all classroom tasks and fantastic behaviour. |
| 6C | Yuytong | For showing great persistence this week! |

CONGRATULATIONS!



School Values Awards



Congratulations to the following Students

Week 2 - Respect

| | |
|--------|----------|
| Prep A | Selen |
| Prep B | Taahaa |
| Prep C | Munaza |
| Prep F | Kavisian |
| 1A | Senesi |
| 1B | Tanya |
| 2A | Brooklyn |
| 2B | Daniel |
| 2D | Kirra |
| 3A | Leah |
| 3B | Raahim |
| 3C | Vaiahu |
| 3D | Aiden |
| 3E | Atrina |
| 4A | Hiba |
| 4B | Ashton |
| 4C | Jaiwanth |
| 4D | Alasana |
| 4E | Axel |
| 5A | Imie |
| 5C | Noah |
| 6A | Ashlea |
| 6B | Elyas |
| 6C | Zainab |

| | | |
|----------------|----|--|
| Art | 1A | For a wonderful start to 2025! |
| Art | 2B | For a wonderful start to 2025! |
| SNR PE | 3C | For showing excellent listening skills |
| SNR PE | 6A | Great work in Physical Education |
| Auslan | 2D | For a great start to Auslan! |
| Sustainability | PE | for a great start to Sustainability in 2025! |

Respect

Compassion

Responsibility

Honesty

Grade 6 Zoooper Dooper Sales

MONDAY AND TUESDAY

\$1.00 Each

OUTSIDE ADMIN AT RECESS

Money raised goes
towards Graduation
2025



**ZOOOPER
DOOPER**



SUSTAINABILITY NEWS



Environmental Leadership 2025

Congratulations to the following students who have been chosen as our Environmental Sustainability Leaders for 2025. Look out for reports, events and actions from these students throughout the year.

Marine Ambassadors

Ellie Mcdonald, Parasto Khalili, Sahar Safdari, Henna Saidi

Green Team

| 5A | 5B | 5C | 5D |
|-----------------|------------------|----------------|------------------|
| Naz Ataie | Amelia Kaczynski | Lina Ahmadi | Irfan Abbas |
| Haider Hussaini | Sana Ataie | Maryam Habibi | Samira Alizada |
| Timora Fonoti | Jason Carpenter | Izzy Hoskinson | Lilliarna Hickey |
| | Lincoln Shaw | | Valentina Tuima |

Rubbish free lunch ideas

- fruit
- carrot sticks
- mini cucumber
- capsicum
- clery
- dip
- crackers
- yougurt (in a container with a spoon)



Spread the Word



SPREAD THE WORD

MESSAGING FOR PARENTS, STUDENTS AND STAFF

In the land of the koala, the quoll and the platypus, we have some of the most unique mammals on the planet - 86% can't be found anywhere else. Sadly, Australia has the highest mammal extinction rate in the world, and these iconic species are at risk of disappearing forever.

That's why **Strathaird Primary School** want you to join us as we *Wear it Wild* this Earth Hour on 21st March 2025.

Simply come to school wearing an item of wildlife-inspired clothing and a gold-coin donation.

It won't just be the *GRRReatest* school day of the year. We'll also be learning about environmental issues and using WWF-Australia's curriculum-aligned educational resources to learn more about our world.

We can't wait to see everyone in their ROARsome outfits!

Community Walk

SWELTERING
CITIES 

Community Cool Walks



Come along to our *Community Cool Walks* in the City of Casey to map hot and cool spots in your area, and share ideas to make it easier to get around your suburb on hot days!

We'll take a 45-minute walk through the streets with frequent stops, followed by a free lunch. Both walks will finish at 1:00pm, and everyone is welcome to stick around for lunch afterwards.

Narre Warren Train Station 12pm,
Sunday February 23rd

Cranbourne Train Station 12pm, Monday
February 24th

Register for one (or both!) *Cool Walks* at <https://tinyurl.com/CoolWalks> or text Sophie at 0451 546 088 with your name to let us know you're coming. See you there!

These Cool Walks are being run with the support of the City of Casey.

2nd Hand Uniform Stall

2ND HAND UNIFORM STALL

**Tuesday
25th March**

EFTPOS ONLY - NO CASH

**HELD OUTSIDE THE
ADMIN 845-9.30AM**



Pancake Day



Success
Pride
Self Esteem

Strathaird Primary School
20 Sherwood Road, Narre Warren South 3805
Tel: (03) 9705 3800 Fax: (03) 9705 3811
A.B.N. 91 324 342 129
Email: Strathaird.ps@education.vic.gov.au

Free Pancake Day

Tuesday 4th March (Shrove Tuesday)

Dear Parents,

We will be holding a special pancake day on Tuesday 4th March 2025.
This is a special treat we have organised as a school with help from some of our family volunteers.

This is a free event.

Each class will be allocated a time during the day to receive their pancake.
Students will have a choice of a plain pancake, Lemon & Sugar, Jam or Maple Syrup as toppings.

Students will still need to bring lunch and a recess snack as usual.

Pancake Mix

Ingredients: Wheat Flour (Gluten), Sugar, Wheat Starch, Non Fat Milk Solids, Raising Agents (450, Sodium Bicarbonate), Thickener (1422), Anitcaking Agent (341), Whole Egg Powder, Salt, Flavour

CONTAINS WHEAT (GLUTEN), MILK & EGG. MAY BE PRESENT: TREE NUTS & SOY

Please contact the school via email
strathaird.ps@education.vic.gov.au
if you do not want your child to have a Pancake

Any Parent who would like to help on the day, please let us know via email
strathaird.ps@education.vic.gov.au

We are needing help up until 2pm on the day. Any help would be appreciated.



Advertising



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REGISTER FOR A FREE TRIAL

www.cathy-lea.com

Sentral for Parents App

The **Sentral for Parents** app allows families to:

- view academic reports
- explain past and upcoming student absences
- view calendar events
- book parent/teacher interviews
- receive sick bay notifications
- view school newsletters

as well as receive real-time notifications and messages from the school



Instructions for accessing the Sentral for Parent App

1. **Download** the 'Sentral for Parents' app. Depending on your device, visit either the Apple App Store, or the Google Play Store.
2. **Search** for Strathaird Primary School. Tap Next.
3. **Sign in** using your Sentral username (your registered email address) and password (that you created when Registering). Tap Log In.
4. You are now ready to start using the app.

If you have never registered on Sentral:

1. Click register here to register a new account. It will ask you to create a user name and password. Enter your email address as your username and create your own password. You will receive a verification email which **MUST** be verified in order to continue.
2. Once verified, log back into the app and use the access key provided by the school to link to your child's details. *The access key will be created for you once your child is attending.*

For a quick overview on how to access the Parent Portal, please watch this short video.

<https://vimeo.com/sentraleducation/review/431752138/968dcb15a8>

If you have questions about using the app, or need some extra help then please browse the list of FAQs at

<https://info.sentral.com.au/new-app-getting-started> or contact us for assistance.



Important Parent Resources

PROTECT

Everyone has the right to be safe and be protected from abuse. No one should behave in a way that makes you feel unsafe or afraid, including anyone in your family, anyone at school or anywhere else in the community. Tell a teacher or any adult at your school if you feel unsafe.



It's everyone's responsibility. Adults at school must listen and respond to concerns about child abuse. If you suspect abuse of any child or young person, you have a responsibility to report it, even if you are not sure.

Further information & resources
www.education.vic.gov.au/protect



Attendance

Please ensure your children are at school on time. Students should be at their class by 8.50am ready to begin class by 9am.

If your child is absent, please notify the school through the Parent Portal on Sentral or call the admin on 9705 3800.

Every Minute Counts

| Minutes late each school day | Days lost |
|------------------------------|-----------------|
| 5 minutes | • 3 days lost |
| 10 minutes | • 6.5 days lost |
| 15 minutes | • 10 days lost |
| 20 minutes | • 13 days lost |
| 30 minutes | • 19 days lost |



In a school Year

Top 5 online safety tips for kids

- 1 Set up your device to protect your information.
- 2 Explore safely & tell an adult if you see anything online that makes you feel yuck.
- 3 Limit who can contact you when you're playing games.
- 4 Stop all contact with anyone online who asks you to do anything you don't want to do. Report and block them.
- 5 Ask for help if anything online is bothering you.



How to report cyberbullying material

1

Report the cyberbullying material to the social media service



2

Collect evidence copy URLs or take screenshots of the material



If the content is not removed within 48 hours apply steps 3 and 4

3

Report it
esafety.gov.au/report



4

Block the person and talk to someone you trust



If you are in immediate danger, call 000 (triple zero)
 If you need to talk to someone, visit kidshelpline.com.au or call them on 1800 55 1800, 24 hours a day 7 days a week

Make good choices



Why do you like it?



Use devices near a grown-up



Time's up



Make good choices

Help children to think about the content they watch and how to manage their time on screens.

Message 1: Why do you like it?

Choosing to say kind things when connecting online is a life-long skill that can help prevent cyberbullying later on. The screen image can be a stimulus to discuss the types of things you should do when video calling, like saying hello with a smile.

Message 2: Use devices near a grown-up

Children need to be aware that digital technologies should be used with a grown-up nearby and in a shared space. Children should get used to the idea, from an early age, that devices should not be used in bedrooms.

Message 3: Time's up.

It is important to discuss with children how they will know when it's time to turn devices off and how they will transition to another activity.

Key questions when discussing this poster could include:

- What do you like to play on devices? What makes you like it?
- Where are these people using devices? Where are you allowed to use them?
- Have you ever been told you have been playing on a device for too long? How do you feel when that happens? What do you usually do?

Be safe



Play with the games and apps that are yours



Only talk with people you know



Some things should be kept private



Be safe

Help children understand personal information and how it can be protected.

Message 1: Play with the games and apps that are yours.

Devices should be set up so children know which content is for them and that other games, programs or apps may not be suitable for them. The screen image shows the folder where the little girl can find the games and apps just for her use.

Message 2: Only talk with people you know.

This picture reminds children that they should only video call when a grown-up is helping them, and only speak to people they know.

Message 3 - Some things should be kept private.

In this picture the boys are creating an avatar with their Grandad. Avatars can be a practical way of showing children how they can keep their real name and identity private by creating a character to represent themselves in games.

Key questions when discussing this poster could include:

- Do you play on your Mum or Dad's phone, tablet or computer? Do you have a special place for your games and apps? How do you know what is yours?
- Do you talk on the computer to your friends and family? Who helps you?
- Why do you think the boy in the last picture looks confused? If you were going to create an avatar for yourself what would it look like? Why?

Be kind



Say kind things



Take turns



Ask before you take a photo



Be kind

Teach children to be kind and respectful in digital contexts.

Message 1: Say kind things

Choosing to say kind things when connecting online is a life-long skill that can help prevent cyberbullying later on. The screen image can be a stimulus to discuss the types of things you should do when video calling, like saying hello with a smile.

Message 2: Take turns

Taking turns is a good way of managing time on screens and building self-regulation skills. The child in the background of this picture is sad because they have been left out of the game.

Message 3: Ask before you take a photo.

The little boy is taking a photo of himself with his family. The screen image depicts another time when he is asking his family if they would like to be in the photo.

Key questions when discussing this poster could include:

- Have you ever called your family or friends on a computer or tablet like the people in the first photo? What do you think they are saying? How do you know?
- Why do you think the boy in the middle photo looks sad? What could they do to stop him feeling sad?
- Do you always ask someone if it is OK to take their photo before you take it? Why?

Ask for help



Tell a grown-up



Check before you tap



You won't get in trouble



Ask for help

Teach children to ask a trusted grown-up for help with any issue using digital technologies.

Message 1: Tell a grown-up.

It is really important for children to know that if something makes them feel worried, scared or sad when they are using a device they should tell a grown-up.

Message 2: Check before you tap.

Before children use a device, they should ask a grown-up. The picture shows the little boy asking if he can play a new video he has not seen before.

Message 3: You won't get in trouble.

When children are playing with digital technology often things happen that they didn't expect. It can be the same for grown-ups too! Children need to know that if something unexpected happens, they should tell a grown-up. They should be assured that the grown-up will know it was important for the child to share the problem even if it happened because they made a mistake.

Key questions when discussing this poster could include:

- Have you ever seen something that made you feel worried, scared or sad when you were playing on a tablet? Who would you tell? What do you think they would say?
- Who do you ask before you play, watch or tap on something new on a device?

Our Vision Statement and Mission

VISION STATEMENT AND MISSION

To empower students to strive for personal achievement, embrace challenges and develop the skills and values that enable them to become lifelong learners and engaged responsible citizens in an ever changing global society.



Honesty

We are truthful in what we say and do, people can rely on us and trust us .



Strathaird



Primary School

**School
Values
PROGRAM**

Respect

We value people's worth and qualities and treat them in a polite and friendly manner.



Responsibility

We make good choices and are accountable for our actions .



Compassion

We care about others, we treat them with kindness and we help people when they are in need .

