

Strathaird Primary School News

05/03/2025

Edition 3



Strathaird



Primary School

School Values

Respect

Honesty

Responsibility

Compassion

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Principal Page

LABOUR DAY WEEKEND

This weekend is a long weekend with Monday 10 March being the Labour Day holiday. School will return on Tuesday next week. I hope you all have a lovely weekend.

CURRICULUM DAY

There will be a pupil free day on Friday 28 March, therefore students will not come to school on that day.

SCHOOL CANTEEN CLOSED THIS FRIDAY 7 MARCH

Due to staff unavailability and illness, our canteen will be closed this Friday. The canteen will still operate tomorrow. Apologies for any inconvenience caused by this closure.

NOTICE ABOUT MAJOR WATER WORKS TOMORROW

Tomorrow, South East Water are conducting major works in our area and water will be switched off. Our school is being provided with a very large tanker of water which will be hooked up to our meter prior to the water in the area being closed off. This type of arrangement is common for schools, childcare centres etc. when widespread works are taking place.

The tanker will be parked out on the street close to the car park gate because this is near where the water meter is located.

Around 8.00 - 8.30 a.m. our water will be switched off for about 15 minutes while the tanker is connected. The tanker will be disconnected late in the afternoon.

It is expected to be *business as usual* and school will therefore operate as normal. The tanker will be providing mains, drinking quality water. All toilets will flush, all drinking taps will work as normal.

PLEASE SEND YOUR CHILD TO SCHOOL WITH A WATER FILLED BOTTLE TOMORROW



PANCAKE DAY

A big thank you to the wonderful mums who gave many hours of their day yesterday to cook and distribute pancakes for our 754 students. Our students were very excited and enjoyed the pancakes immensely. Thank you so much for making Pancake Day happen. A big thank you to Sharon McMahon for organising the day. 😊



Principal Page

NAPLAN 2025

NAPLAN will take place for Years 3 and 5 next week from Wednesday 12 March with testing on Writing, Reading, Conventions of Language and Numeracy. Our students are well prepared for NAPLAN so hopefully they will be feeling happy, calm and ready to do the best they can. Best wishes to all of our students.

STUDENTS CROSSING ROADS – please read

Recently we had a student who just missed being knocked over by a car, after stepping out onto the road from between two cars without looking. This incident could easily have had a tragic outcome. **PLEASE ensure your child is crossing roads safely and is using the school crossings at all times.** The roads are extremely busy with traffic just before and just after school and the **school crossings are the only safe place for children to cross outside the school.**

SCHOOL COUNCIL ELECTIONS 2025

Congratulations and thank you to Sarah McKenzie, Brooke Bontemps and Nirmala Dhavale who have been elected to School Council. We look forward to working with you 😊

SUSTAINABILITY @ STRATHAIRD

Over the summer holidays we had a significant amount of work done to our frog pond. It is looking beautiful and is a lovely feature as people walk into the school.

But did you know, our frog pond has a much more important purpose than looking beautiful.

It is a key part of our Sustainability Specialist program. The frog pond helps the students understand the concept of Biodiversity – Bio=life, Diversity =variety, so Biodiversity being the variety of living things on the earth. The students learn about habitats, lifecycles (of frogs, damsel flies and other pond creatures), how to identify different tiny pond creatures, how to test the quality of water and many other skills visiting the pond. Most importantly they learn that a creature doesn't have to be big to be of value and importance in an ecosystem and they can relate this to their on ability to make small impacts on the world.



Student of the Week



Week 4

Prep A	Octavia	For always contributing to class discussions
Prep B	Sarah	For being an amazing friend and for presenting all work beautifully!
Prep C	Zaynab	For always make good choices and helping others. Well done!
Prep D	Aayan	For working really well with others in the classroom. Well done!
Prep E	Katelyn	For trying her very best every day, keep up the great work Katelyn!
Prep F	Nora	For her amazing effort in all tasks!
1A	Ramin	For trying his hardest in each and every lesson. Well done!
1B	Alariah	For her amazing attitude towards her learning! Keep up the great work!
1C	Harlan	For working hard on his writing tasks this week!
1D	Josie	For being a respectful member of 1D
1E	Ryder	For making good choices outside in the yard and taking responsibility for himself.
2A	Packo	For applying yourself well during learning tasks.
2B	Adam	For taking on challenges in Maths this week!
2C	Ebrahim	For working hard to complete classroom tasks.
2D	Fabeha	For your excellent writing! Well done!
3A	Daniel.	For his positive attitude towards learning
3B	Ariella	For her continued enthusiasm towards all activities!
3C	Hunter	For always being kind and respectful
3D	Elena	For always trying her best and having a go!
3E	Beau	For performing extremely well in all of his Maths testing this week!
3F	Sargun	For being a great contributor to our class discussions and peers tool
4A	Olivia	For being a kind and helpful member of the class!
4B	Roy	For sharing his knowledge of the world map in Inquiry!
4C	Goher	For working so hard on your persuasive writing. Keep up the tremendous effort!
4D	Mia	For working so hard on her writing this week. A super effort Mia!
4E	Cordae	For an engaging and entertaining opening statement in writing.
5A	Ramin	For always trying so hard and applying yourself to your work in everything that you do. Keep up the super effort!
5C	Ruby	For working hard learning to round numbers with 4 digit numbers. Well done Ruby!
6A	Jethro	For taking responsibility for your learning by completing work on time and to the best of your ability.
6B	Arfan	For excellent manners and a fantastic effort with your reading.
6C	Sara	For finding evidence in the text for what keeps her interested.
6D	Sahar	For always putting in extra effort



Student of the Week



Week 5

Prep B	Chelsea	For an amazing effort with your sounds and blending! Well done :)
Prep C	Munaza	For always putting in great effort to you work. Great job!
Prep D	Sarah	For having a go at blending words in phonics. Well done!
1B	Muhamed Baqir	For working so hard to learn his sounds! Keep up the great effort!
1C	Aydin	For having a positive mindset when faced with challenges.
1E	Huda	For trying hard with blending in phonics.
3A	Tristan	For working hard in numeracy lessons.
3B	Finn	For his excellent contributions to class discussions.
3C	Melika	For her hardwork and kindness towards others
3D	Shahd	For her fabulous summary on the text 'A Clever Trick.'
3E	Sana	For keenly taking on all feedback to improve in her learning
3F	Omid	For demonstrating a fantastic attitude towards his learning. Well done Omid!
4A	Tobias	For excellent work in Writing!
4B	Ashton	For sharing his knowledge and helping others use excel in maths!
4C	Levi	For your dedicated approach to learning and maturity shown in class. Well done!
4D	Nova	For her attentiveness during floor time. You have made some fantastic contributions to our class discussion. Well done!
4E	Mahan	For explaining your thinking in a number talk.
5A	Noreen	For always showing that you are a self manager and completing your work. Keep up the great effort!
5C	Jaxon	For accepting feedback in order to make his narrative better. Well done Jaxson
5D	Rana	For being helpful in the classroom and to her peers.
6A	Leah	For having a positive mindset when faced with classroom challenges.
6B	Elizabeth	For a positive attitude towards Place Value activities during Numeracy.
6C	Zainab	For always giving the teacher her full attention during explicit teaching.
6D	Wyatt	For wonderful participation during maths sessions.

CONGRATULATIONS!



School Values Awards



Congratulations to the following Students

Week 4

Hunter	Honesty
Farhad	Honesty
Shabbir	Honesty
Ozil	Honesty
William	Honesty
Aurora	Honesty
Hoyaar	Honesty
Aydin	Honesty
Carter	Honesty
Vanessa	Honesty
Kainat	Honesty
Mia	Honesty
Billie	Honesty
Zoe	Honesty
Faiva	Honesty
Bentley	Honesty
Malika	Honesty
Rezwan	Honesty
Andres	Honesty
Audai	Honesty
Kawsar	Honesty
Arsalan	Honesty
Lily	Honesty
Mahan	Honesty
Sibtain	Honesty
Julie	Honesty
Murtaza	Honesty
Rayhana	Honesty
Arfan	Honesty
Declan	Honesty

Week 5

Sima	Honesty
Silas	Honesty
Zainab	Honesty
Deja	Honesty
Jennifer	Honesty
Kody	Honesty
Zoe	Honesty
Selena	Honesty
William	Honesty
Natalie	Honesty
Hamza	Honesty
Taha	Honesty
Sienna	Honesty
Kayleigh	Honesty
Jordan	Honesty
Samim	Honesty
Subi	Honesty
Sanuk	Honesty
Omar	Honesty
Jett	Honesty
Maria	Honesty
Ray	Honesty

Respect
Responsibility

Compassion
Honesty

Term 1 2025

MARCH

APRIL

3rd March Brainstorm Incursion - Whole School	4th GRIP Leadership Day Free Pancake Day Gr 6 Camp Meeting 5pm	5th	6th District Swimming Due	7th Junior Assembly
10th Labour Day Public Holiday - No School	11th District Swimming - Selected Students \$ Due House Athletics - Gr 4-6	12th Naplan	13th Naplan	14th Senior Assembly Naplan \$ Due Gr 1 Human Body Incursion
17th	18th Gr 4-6 House Athletics @ Casey Fields	19th Gr 1 Human Body Incursion	20th Ride 2 School Day Bookclub Due	21st Junior Assembly Earth Hour - Wear it Wild gold coin donation
24th Gr 2 Walking Excursion	25th 2nd Hand Uniform Stall School Council 6.30pm \$ Due Gr 4 Mapping Incursion	26th	27th	28th Curriculum Day - No School
31st Gr 4 Mapping Incursion	1st Gr 5 Mad Science Incursion Enrolment Day - Parent English Classes	2nd	3rd	4th Easter Bonnet Parade Last Day of Term 1 2.30pm finish
7th	8th	9th	10th	11th
School Holidays				

Grade 6 Camp

Wellbeing Page

The Power of Belonging

Why Feeling Connected at School Matters More Than You Think

We all want our children to be happy and successful at school. We focus on their grades, their friendships, and their extracurricular activities. But what if I told you that one of the most important factors for their well-being, both now and in the future, is their sense of belonging?

A fascinating new study from Monash University has shed light on the profound impact of school belonging on long-term mental health. Associate Professor Kelly-Ann Allen, the lead researcher, followed over 1500 individuals from adolescence to adulthood, examining the link between their feelings of connection at school and their mental well-being later in life.

The findings were striking: those who felt a strong sense of belonging in high school experienced fewer mental health challenges in their twenties. This connection was evident even after accounting for other factors like academic achievement and family relationships. In other words, feeling like you fit in, that you matter, that you're part of the school community, has a lasting positive impact on your mental health.

Why does belonging matter so much?

Think back to your own school days. Remember that feeling of walking into a classroom where you felt welcomed, valued, and supported? Or perhaps you recall the opposite—the sinking feeling of being an outsider, of not quite fitting in. These experiences shape not only our immediate well-being but also our long-term sense of self and our ability to navigate social and emotional challenges.

When children feel like they belong, they're more likely to:

- **Engage in learning:** They're more motivated, attentive, and eager to participate in classroom activities.
- **Develop positive relationships:** They feel more comfortable interacting with peers and teachers, fostering friendships and a sense of community.
- **Cope with stress:** They have a support system to turn to when faced with academic or social challenges.
- **Build resilience:** They develop a stronger sense of self-worth and the confidence to navigate life's ups and downs.

Wellbeing Page

So, how can we, as parents, foster a sense of belonging for our children?

1. Partner with the school:

- **Open communication:** Stay connected with your child's teachers. Attend school events and parent-teacher meetings. Be an active participant in your child's school life.
- **Advocate for your child:** If your child is struggling socially or emotionally, don't hesitate to reach out to the school counsellor or other support staff.
- **Support school initiatives:** Get involved in school activities and events that promote a sense of community and belonging.

2. Nurture connections at home:

- **Family time:** Prioritise quality time together as a family. Share meals, play games, and engage in activities that foster connection and communication.
- **Emotional support:** Create a safe and open environment where your child feels comfortable expressing their feelings and concerns. Validate their emotions and offer unconditional love and support.
- **Social skills:** Help your child develop strong social skills. Encourage them to engage in activities that foster friendships and positive peer relationships.

3. Champion their interests:

- **Encourage exploration:** Support your child in exploring their interests and passions. This could involve extracurricular activities, hobbies, or simply pursuing their own unique curiosities.
- **Celebrate their strengths:** Focus on their positive qualities and accomplishments. Help them develop a strong sense of self-worth and confidence.
- **Foster autonomy:** Give them age-appropriate choices and responsibilities. Allow them to make decisions and experience the consequences of their choices (within safe boundaries).

The Bottom Line:

School belonging isn't just about feeling happy and comfortable in the classroom; it's a crucial ingredient for long-term mental health and well-being. By partnering with the school, nurturing connections at home, and championing our children's interests, we can help them build a strong foundation for a happy, healthy, and fulfilling life.



Dr Justin Coulson is a dad to 6 daughters and grandfather to 1 granddaughter. He is the parenting expert and co-host of Channel Nine's Parental Guidance, and he and his wife host Australia's #1 podcast for parents and family: The Happy Families Podcast. He has written 9 books about families and parenting. For further details visit happyfamilies.com.au.

Student Attendance



8:29

Too Early



8:50

On Time



9:01

Too Late



Thank you for **arriving** at school on time!

با تشكر از شما برای ورود به مدرسه در زمان!	شکرا لك على وصولك إلى المدرسة في الوقت المحدد!
समय पर स्कूल पहुंचने के लिए धन्यवाद!	時間通りに学校に到着していただきありがとうございます!
感謝您準時到達學校!	از اینکه به موقع به مدرسه رسیدید متشکریم!

Arriving late to school **interrupts the learning and teaching** for everyone.

دیر رسیدن به مدرسه، یادگیری و تدریس را برای همه قطع می کند.	يؤدي الوصول متأخرا إلى المدرسة إلى مقاطعة التعلم والتعليم للجميع.
स्कूल देर से पहुंचने से सभी के लिए सीखने और पढ़ाने में बाधा आती है।	学校に遅れて到着すると、全員の学習と教育が中断されます。
返學遲到會打斷每個人嘅學習同教學。	دیر رسیدن به مدرسه یادگیری و آموزش را برای همه مختل می کند.

Be at School **Every Day**. All Day. All the way!

Being On time to school really does matter

If your child is late everyday...	Learning time lost approximately...
5 Minutes	3 Days from school
10 minutes	5 Days from school
15 Minutes	8 Days from school

Pancake Day

What a great day! The Students faces make this day worthwhile. Thank you to the following parents who gave up their time to help prepare, cook, and deliver pancakes to 754 Students and approx 70 Staff. You are very much appreciated.



Our Stars

Sarah McKenzie
Brooke Bontemps
Hiroko Asano
Dilki Ruwanpathirana
Catherine McLarty
Nikki Dumbleton
Dee Marion
Michelle Reid
Jung Chao
Maple Ooi



Cross Country Results



Congratulations to all our Strathaird students who took part in our annual Cross Country running event! Every child who finished received a ribbon to acknowledge their efforts. Additionally, the top 8 students from each age group will represent our school in the Interschool Cross Country Team. We will be organising training sessions to be held during some recess times in preparation for the District event, which is scheduled for early Term 2.

Under 10 Girls

- 1st- Samira Haidari
- 2nd- Donia Alizada
- 3rd- Claire Shi
- 4th- Mahsa Mir
- 5th- Azeta Haidari
- 6th -Kawsar Aliyar
- 7th -Sana Aliyar
- 8th -Stacey Best

Under 11 Girls

- 1st- Peyton Horne
- 2nd- Saza Gardy
- 3rd- Isla Sutherland
- 4th- Maryam Habibi
- 5th- Mia Alameddine
- 5th -Elise Yiap
- 6th -Sima Haydari
- 7th -Alina Haidari
- 8th -Rohina Sarwari

Under 12 Girls

- 1st- Tahlea Murray
- 2nd- Harper Neal-Wilson
- 3rd- Savannah Gersbeck
- 4th- Selini Kelpage
- 5th- Alina Alizada
- 6th -Saindhavi Venkateshkumar
- 7th -Mannet Sandhu
- 8th -Ethmi Mallikarachchi

Under 10 boys

- 1st- Yovaan Desai
- 2nd- Armin Ghulami
- 3rd- Jaiwanth Sivakumar
- 4th- Shikeb Zahir
- 5th- Aron Reza
- 6th -Tim Wilkes
- 7th -Ashton Vazzana
- 8th -Haider Hussaini

Under 11 Boys

- 1st- Irfan Tahsin
- 2nd- Imie Ashna
- 3rd- Reza Mohammady
- 4th- Blake Triffett
- 5th- Noah Van Den Akker
- 6th -Ethan Alfaro
- 7th -Christopher Taylor
- 8th -Yahya Noorzad

Under 12 boys

- 1st- Mohammad Hameed
- 2nd- Ali Jaberee
- 3rd- Declan Silva
- 4th- Arfan Mirzayee
- 5th- Zohair Mirzai
- 6th -Ray Asano
- 7th -Jett Bontemps
- 8th -Asad Hussaini



HOUSE POINT RESULTS FROM THE CROSS COUNTRY

Thorpe - Blue house came 1st with 170 points.

Bradman-Green house came 2nd with 154 points.

Fraser-Yellow house came 3rd with 146 points

Bradman-Red house came 4th with 131 points



SPORTS REPORT

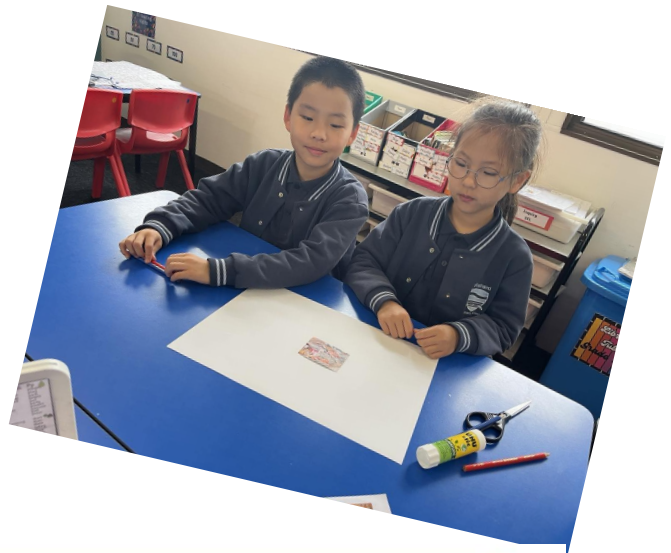
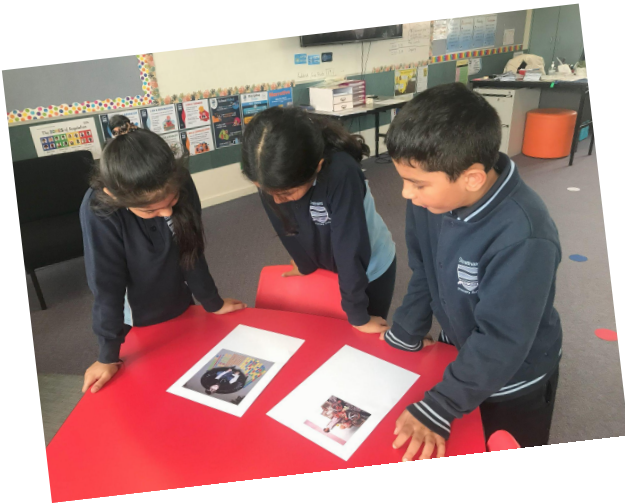
Last Wednesday we had 19 of our students compete in the District Swimming Event which was held at Koo Wee Rup swimming pool. All our students did a fantastic job, swimming their best and enjoying racing against students from other schools. Schools we competed against were Hillsmeade, Tulliallan, Waverley Christian College and St Catherines. Our team members were;

Olivia Medley, Billie Reid, Chloe Reid, Makayla Reid, Alivia Davidson, Noreen Enayat, Sophia Fuiava, Jassikrat Kaur, Tiven Alahakoon, Yevin De Costa, Yovaan Desai, Desandu Garusinghe, Sharzard Ishaq, Christopher Taylor, Haider Hussaini, Jaxson Willison, Phenix Guinan and Ryan Piening.

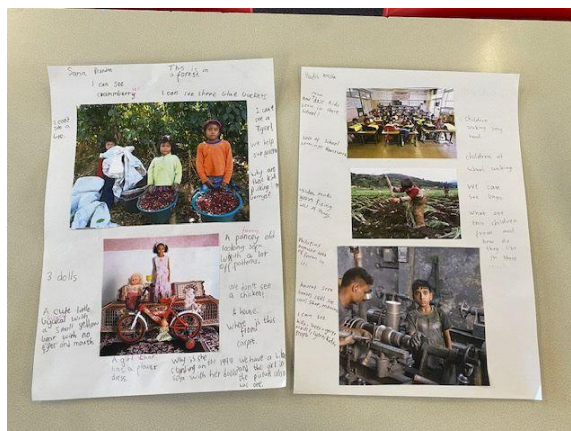
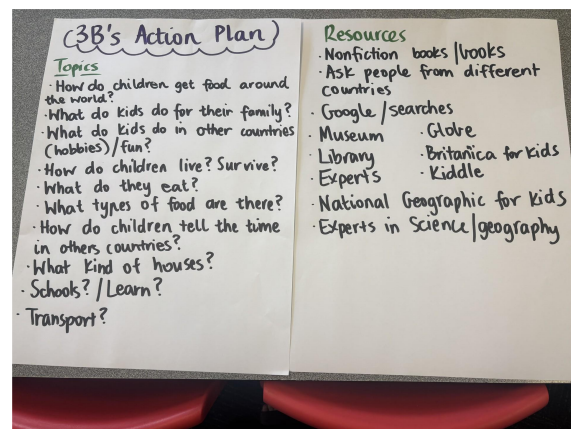
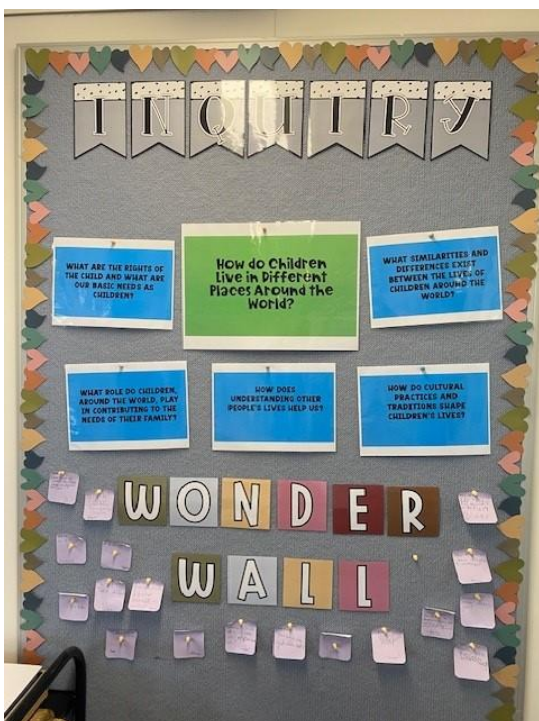
Unfortunately Angus Graham was unable to compete on the day due to an injury. Our Under 10 girls relay team came first so will now be competing at the Divisional finals which will be held on 11th March.



Inquiring Minds in Grade 3



This term in Grade 3, students have started investigating Inquiry topic 'How do children live in different places around the world?' They have 'tuned in' to this topic by exploring a variety of photos of food, toys, schools, bedrooms, sports and jobs from different countries. Students created questions that they would like to research by adding their classroom 'Wonder Wall'. They have collaborated to design a class action plan of what subtopics they are interested in and what resources they will need to explore these. Students are eager to begin finding out information and answering their questions!



Grade 6 Zoooper Dooper Sales

MONDAY AND TUESDAY

\$1.00 Each

OUTSIDE ADMIN AT RECESS

Money raised goes
towards Graduation
2025



**ZOOOPER
DOOPER**



SUSTAINABILITY NEWS



Resource Smart School update

In 2024 we worked hard on our ENERGY usage as well as continuing work on WATER, WASTE and BIODIVERSITY. We made \$\$ savings in all areas except energy (but as we know the price of electricity continues to rise dramatically!). Our energy use has continued to decrease over time and thanks to our rubbish-free lunches and 'take your rubbish home' our waste continues to decrease. It takes a community effort to make such improvements so CONGRATULATIONS to everyone!!

Current year's impact

Carbon Dioxide



Reducing your electricity usage will reduce your CO₂ emissions.

Electricity



Reducing your electricity usage will improve your impact on the environment.

Water



We've reduced our water use by 4,320 KL. That's equal to 2 Olympic sized swimming pools.

Waste



We've reduced our waste by 139 m3. That's equal to 4 shipping containers of rubbish removed from landfill.

RECYCLING UPDATE

The Preps and Grade 1s have been learning about where to put their waste. They have learnt you can compost your food scraps or use a worm farm.





GREEN BIN
RUBBISH

Anything that can't go in the other two bins

Plastic you can screw up

Milk/ juice boxes

NO – food

MAROON BIN
RECYCLING

ALL FOOD

Including meat, fish, bread, fruit and vege

Garden waste

Including weeds, grass cuttings and parts of plants



BLUE BIN RECYCLING

Bottles

Cans

Paper

Cardboard

Hard plastic

NO – food

Plastic bags

Plastic you can screw up

Milk/ juice boxes





Friday 21st March Dress as your favourite wild animal. Gold coin donation.

Strathaird's Got Talent

Get Your Act Together!

Strathaird's Got

Talent 2025

Auditions!

**When: Term 1, Week 9 (Monday
24th March – Thursday 27th
March)**

**Where: In the MUSIC Room at
lunchtime**

**Monday 24th – Grade 3 and 4 Individual
Auditions**

**Tuesday 25th – Grade 5 and 6 Individual
Auditions**

Wednesday 26th – Group Auditions

Thursday 27th – Group Auditions

**Performances to be NO LONGER than 3
minutes each!**

**Bring ALL props
and music needed
to your audition.**

**The Strathaird's
Got Talent
Performance will
be in Term 2, on
Tuesday 1st July.**

2025 Junior School Council



Congratulations to our JSC representatives for 2025

3A	William Carpenter	3E	Liam Rellis	4E	Lucille McKenzie	6A	Mia Ispoglou
	Zohra Faizy		Taaliah Karim		Mojtaba Mirzaee		Elise Yiap
3B	Ariah Guinan	3F	Natalie Armstrong	5B	Saza Gardy	6B	Savannah Gersbeck
	Max Fenton		Sama Qurbani		Aliyah Attaie		Saindhavi Venkateshkumar
3C	Rohan Dhavale	4C	Jaiwanth Sivakumar	5C	Jay Basnet	6C	Ebony Caligiuri
	Natasha Fuiava		Asiya Saeed		Aiman Baig		Zainab Odah
3D	Priscilla Wen	4D	Fatima Al-Sowafi	5D	Reza Mohammady	6D	Ray Asano
	Aiden Agushi		Ayaan Shah		Peyton Horne		Aaron Walchhofer

The JSC have had their first meeting and have been busy brainstorming some exciting and fun future events for our school community.
I can't wait to see what they achieve this year!

2nd Hand Uniform Stall

2ND HAND UNIFORM STALL

**Tuesday
25th March**

EFTPOS ONLY - NO CASH

**HELD OUTSIDE THE
ADMIN 845-9.30AM**

Ride2School Day



Walk, ride, scoot or skate part or the whole way to school

Sentral for Parents App

The **Sentral for Parents** app allows families to:

- view academic reports
- explain past and upcoming student absences
- view calendar events
- book parent/teacher interviews
- receive sick bay notifications
- view school newsletters

as well as receive real-time notifications and messages from the school



Instructions for accessing the Sentral for Parent App

1. **Download** the 'Sentral for Parents' app. Depending on your device, visit either the Apple App Store, or the Google Play Store.
2. **Search** for Strathaird Primary School. Tap Next.
3. **Sign in** using your Sentral username (your registered email address) and password (that you created when Registering). Tap Log In.
4. You are now ready to start using the app.

If you have never registered on Sentral:

1. Click register here to register a new account. It will ask you to create a user name and password. Enter your email address as your username and create your own password. You will receive a verification email which **MUST** be verified in order to continue.
2. Once verified, log back into the app and use the access key provided by the school to link to your child's details. *The access key will be created for you once your child is attending.*

For a quick overview on how to access the Parent Portal, please watch this short video.

<https://vimeo.com/sentraleducation/review/431752138/968dcb15a8>

If you have questions about using the app, or need some extra help then please browse the list of FAQs at

<https://info.sentral.com.au/new-app-getting-started> or contact us for assistance.



Important Parent Resources

PROTECT

Everyone has the right to be safe and be protected from abuse. No one should behave in a way that makes you feel unsafe or afraid, including anyone in your family, anyone at school or anywhere else in the community. Tell a teacher or any adult at your school if you feel unsafe.



It's everyone's responsibility. Adults at school must listen and respond to concerns about child abuse. If you suspect abuse of any child or young person, you have a responsibility to report it, even if you are not sure.

Further information & resources
www.education.vic.gov.au/protect



Attendance

Please ensure your children are at school on time. Students should be at their class by 8.50am ready to begin class by 9am.

If your child is absent, please notify the school through the Parent Portal on Sentral or call the admin on 9705 3800.

Every Minute Counts

5 minutes	• 3 days lost
10 minutes	• 6.5 days lost
15 minutes	• 10 days lost
20 minutes	• 13 days lost
30 minutes	• 19 days lost



In a school Year

Top 5 online safety tips for kids

- 1 Set up your device to protect your information.
- 2 Explore safely & tell an adult if you see anything online that makes you feel yuck.
- 3 Limit who can contact you when you're playing games.
- 4 Stop all contact with anyone online who asks you to do anything you don't want to do. Report and block them.
- 5 Ask for help if anything online is bothering you.



How to report cyberbullying material

1

Report the cyberbullying material to the social media service



2

Collect evidence copy URLs or take screenshots of the material



If the content is not removed within 48 hours apply steps 3 and 4

3

Report it esafety.gov.au/report



4

Block the person and talk to someone you trust



If you are in immediate danger, call 000 (triple zero)
 If you need to talk to someone, visit kidshelpline.com.au or call them on 1800 55 1800, 24 hours a day 7 days a week

Make good choices



Why do you like it?



Use devices near a grown-up



Time's up

Make good choices

Help children to think about the content they watch and how to manage their time on screens.

Message 1: Why do you like it?

Choosing to say kind things when connecting online is a life-long skill that can help prevent cyberbullying later on. The screen image can be a stimulus to discuss the types of things you should do when video calling, like saying hello with a smile.

Message 2: Use devices near a grown-up

Children need to be aware that digital technologies should be used with a grown-up nearby and in a shared space. Children should get used to the idea, from an early age, that devices should not be used in bedrooms.

Message 3: Time's up.

It is important to discuss with children how they will know when it's time to turn devices off and how they will transition to another activity.

Key questions when discussing this poster could include:

- What do you like to play on devices? What makes you like it?
- Where are these people using devices? Where are you allowed to use them?
- Have you ever been told you have been playing on a device for too long? How do you feel when that happens? What do you usually do?

Be safe



Play with the games and apps that are yours



Only talk with people you know



Some things should be kept private

Be safe

Help children understand personal information and how it can be protected.

Message 1: Play with the games and apps that are yours.

Devices should be set up so children know which content is for them and that other games, programs or apps may not be suitable for them. The screen image shows the folder where the little girl can find the games and apps just for her use.

Message 2: Only talk with people you know.

This picture reminds children that they should only video call when a grown-up is helping them, and only speak to people they know.

Message 3 - Some things should be kept private.

In this picture the boys are creating an avatar with their Grandad. Avatars can be a practical way of showing children how they can keep their real name and identity private by creating a character to represent themselves in games.

Key questions when discussing this poster could include:

- Do you play on your Mum or Dad's phone, tablet or computer? Do you have a special place for your games and apps? How do you know what is yours?
- Do you talk on the computer to your friends and family? Who helps you?
- Why do you think the boy in the last picture looks confused? If you were going to create an avatar for yourself what would it look like? Why?

Be kind



Say kind things



Take turns



Ask before you take a photo

Be kind

Teach children to be kind and respectful in digital contexts.

Message 1: Say kind things

Choosing to say kind things when connecting online is a life-long skill that can help prevent cyberbullying later on. The screen image can be a stimulus to discuss the types of things you should do when video calling, like saying hello with a smile.

Message 2: Take turns

Taking turns is a good way of managing time on screens and building self-regulation skills. The child in the background of this picture is sad because they have been left out of the game.

Message 3: Ask before you take a photo.

The little boy is taking a photo of himself with his family. The screen image depicts another time when he is asking his family if they would like to be in the photo.

Key questions when discussing this poster could include:

- Have you ever called your family or friends on a computer or tablet like the people in the first photo? What do you think they are saying? How do you know?
- Why do you think the boy in the middle photo looks sad? What could they do to stop him feeling sad?
- Do you always ask someone if it is OK to take their photo before you take it? Why?

Ask for help



Tell a grown-up



Check before you tap



You won't get in trouble

Ask for help

Teach children to ask a trusted grown-up for help with any issue using digital technologies.

Message 1: Tell a grown-up.

It is really important for children to know that if something makes them feel worried, scared or sad when they are using a device they should tell a grown-up.

Message 2: Check before you tap.

Before children use a device, they should ask a grown-up. The picture shows the little boy asking if he can play a new video he has not seen before.

Message 3: You won't get in trouble.

When children are playing with digital technology often things happen that they didn't expect. It can be the same for grown-ups too! Children need to know that if something unexpected happens, they should tell a grown-up. They should be assured that the grown-up will know it was important for the child to share the problem even if it happened because they made a mistake.

Key questions when discussing this poster could include:

- Have you ever seen something that made you feel worried, scared or sad when you were playing on a tablet? Who would you tell? What do you think they would say?
- Who do you ask before you play, watch or tap on something new on a device?

Our Vision Statement and Mission

VISION STATEMENT AND MISSION

To empower students to strive for personal achievement, embrace challenges and develop the skills and values that enable them to become lifelong learners and engaged responsible citizens in an ever changing global society.



Honesty

We are truthful in what we say and do, people can rely on us and trust us .



Strathaird



Primary School

**School
Values
PROGRAM**

Respect

We value people's worth and qualities and treat them in a polite and friendly manner.



Responsibility

We make good choices and are accountable for our actions .



Compassion

We care about others, we treat them with kindness and we help people when they are in need .

